



Shibari: The Japanese Art of Erotic Bondage. Guide for Beginners

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Bondage and restraint is a common fantasy for many people. There are some who enjoy the struggle while others enjoy the feeling of being captured and also holding someone in captivity. This book is a compilation of detailed information explaining what Shibari is and how it is used by different people for different purposes. It will act as an instructional guide to anyone who wishes to apply the bondage.

Just from the beginning the book opens you up to a deeper understanding of what Shibari is and also takes you through its history and how it came to be, highlighting every single detail including the name itself. As you read through chapter one it gives you ground to understand why the Japanese art of erotic bondage is

you read through chapter one it gives you ground to understand why the Japanese art of erotic bondage is gaining popularity with time and the satisfying effects that it has. Of importance is the safety precautions which are also a major part of the book. It being a risky exercise the book ensures that you are equipped with tips of ensuring your safety.

You are also introduced to the different types of ropes that can be used in rope bondage and other factors that

You are also introduced to the different types of ropes that can be used in rope bondage and other factors that you should consider when choosing a bondage rope. The book finalizes by explaining to you the different bondage knots, techniques and also ties. This will help to achieve effectiveness while doing your Shibari practice.



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