



Depth Oriented Brief Therapy: How to Be Brief When You Were Trained to Be Deep and Vice Versa

Bruce Ecker, Laurel Hulley

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Reach a new stage in brief therapy

Is it possible for clinicians to provide in-depth therapy in the cost-conscious, time-limited world of managed care?

This groundbreaking book offers clinicians new hope of maintaining professional satisfaction in time-effective practice. Authors Bruce Ecker and Laurel Hulley provide a practical guide for clinicians on how to work deeply and briefly with individuals, couples, and families, and shows how to meet the challenge of managed care without losing the deeper levels of change traditionally associated with long-term or existential work.

By using Depth-Oriented Brief Therapy, you'll work directly and immediately with the emotional and unconscious meanings that structure the very existence of the presenting problem.

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