



# Microwave Mug Recipes: 50 Delicious, Quick and Easy Mug Meals (Recipe Top 50's Book 88)

*Julie Hatfield*

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When you're alone you often don't feel like making meals that you end up eating for several days. You just want to make something quick and easy that will satisfy your hunger. That's where our mug recipes come in! All you need is a mug and a microwave and you're good to go! Whether you're in a hurry or simply too tired, a mug meal is the perfect solution for you! Requiring only little clean up after eating, just the mug in most cases.

These microwave mug recipes are all fitted for just one mug but can easily be adjusted for when you've got company by multiplying the quantities. Giving each of your guests a mug meal makes for an easy and fun dinner.

This recipe book contains all kinds of delicious concoctions in a mug for every meal of the day. Got to get up early in the morning? Start your day right with a French toast in a mug. Don't feel like having a boring sandwich for lunch? Have a delicious mug quiche instead! Looking for an easy dinner idea? We got you covered with an amazing meatloaf or risotto in a mug. And don't forget about dessert! End your day well with one of the many gorgeous mug cakes like a cinnamon roll mug cake.

So get your mug ready and try all of these and many more!

Tags: mug meals, mug meal cookbook, mug meal recipes, mug meal recipe book, meals in a mug, microwave mug recipes, microwave mug cookbook, microwave mug, recipe book, student cookbook, student recipes, student recipe book, recipes for students, recipes for busy people, recipes for busy moms, making mug meals, mug desserts, mug cakes, mug cakes cookbook, mug cake recipe book, mug cake recipes, mug cakes book, microwave recipes, microwave cookbook, microwave recipe book, microwave meals, mug recipes cookbook, mug cookies, mug breakfast recipes, mug dinner recipes, microwave cooking, quick and easy recipes, quick and easy cookbook, cooking for one, quick and easy meals, quick and easy breakfast.

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