



Becoming a Reflective Practitioner: A Reflective and Holistic Approach to Clinical Nursing, Practice Development and Clinical Supervision

Christopher Johns

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Becoming a Reflective Practitioner is a practical guide to using reflection in every day clinical practice. It explores the author's own model for structured reflection and includes accounts of everyday practice to guide the reader through the stages of reflective practice in the context of the caring relationship. The second edition gives greater attention to the idea of 'desirable practice' and further develops particular aspects e.g. assertiveness and conflict management. It adopts a simpler approach to the reflective cycle and includes a new chapter on evaluation of clinical supervision, leadership and quality management. Reflective practice is acknowledged as an effective approach to developing nursing care which evolves as the practitioner develops his or her own practice. This book will therefore be of interest to all nurses involved in developing their clinical practice.

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