



# Act of Consciousness: To Be or Not to Be...

## Enlightened

*Adamus Saint-Germain*

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## **Act of Consciousness: To Be or Not to Be... Enlightened** Adamus Saint-Germain

Life is an act. We act like humans and therefore we experience like humans with a litany of limitations, shortcomings and drama that mask our underlying angelic consciousness.

In *Act of Consciousness*, Ascended Master Adamus Saint-Germain begins by explaining the metaphysics of energy. He defines the difference between consciousness and energy, and makes the clear point that we are beings of consciousness - not energy - and that the passion of our pure consciousness attracts energy from the unified field to manifest our reality. Adamus defines the four primary levels of energy including Core (soul), Crystalline, Cosmic and Earth while educating the reader about how the various levels are used by our consciousness to manifest our stage-of-life.

Adamus implores the reader to *act* like a Master rather than acting like a less-than-perfect human. This act will literally change the type of energy being attracted into the reader's life, and therefore change the reality theatre one exists within. Some readers will question this approach, saying, "It's not real because it's just an act," to which Adamus will reply, "But everything in your life is just an act, so why not act like a prosperous, healthy and wise Master? This will change the theatre of your life, but the real question is, 'Are you really ready for a substantial change, or are you just trying to tidy up your current stage?'"

It's a remarkably simple and effective approach to an otherwise mental and laborious process of becoming your full potential. *Act of Consciousness* will make you laugh, make you angry and make you question your old beliefs about how reality is created and experienced. By the time you read Saint-Germain's last words you will cry a few tears of joy and relief to know that life is as easy as an *Act of Consciousness*.

Saint-Germain had many notable past lives, including that of William Shakespeare and Mark Twain (Samuel Clemens). These lifetimes gave him an appreciation for the theatre, acting and story-telling.

Book length: Approximately 30,000 words.

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