



The 3-Degree Putting Solution: The Comprehensive, Scientifically Proven Guide to Better Putting

Michael Breed

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The award-winning Golf Channel instructor and host of *The Golf Fix* revives a long-lost technique for adjusting your putter's loft, with winning results.

Acclaimed instructor Michael Breed resurrects the crucial lessons of negative loft-3 degrees of it, to be precise-and shows how it can revolutionize any player's short game.

Drawn from years of self-funded technical research, *The 3-Degree Putting Solution* presents the key to fixing putting woes once and for all. The secret is to change the loft on the putter face from 4 degrees of positive loft (as conventional wisdom dictates) to a negative loft of 3 degrees. The result? Backspin is greatly reduced, ensuring a more consistent speed and a "truer" roll. And by leaning the putter shaft forward, golfers can all but eliminate the ball's pesky air jump immediately after impact.

Shrinking the chance of error on each putt, Breed has perfected the 3-Degree technique to incorporate optimal grip, posture, and alignment, as well as intuitive skills such as mental conditioning and how to read the green. This breakthrough guide offers practice drills with dozens of photographs and illustrations, making the 3-Degree technique a powerful lesson in shaving crucial points off your score. Giving readers access to the proven wisdom of a world-class instructor, *The 3-Degree Putting Solution* is sure to spark new dialogues on how to putt like a pro.

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