

Rejoice in Recovery: Leader's Guide: A 12-Step Faith-Based Program

Marjorie J Wynn PhD



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Rejoice in Recovery: Leader's Guide: A 12-Step Faith-Based Program Marjorie J Wynn PhD (THIS IS THE LEADER'S GUIDE. Also available on Amazon under the same title is the PARTICIPANT'S GUIDE for \$5.99.) Rejoice in Recovery: A 12-Step Faith-Based Program (RNR) is specifically designed for men and women caught in the grip of drug and alcohol addiction. Over the past ten years, this program has been implemented in church and jail-based recovery classes. Stories are one of the most effective strategies for teaching and one of the most powerful ways to learn, When we hear, "Once upon a time...," we lean forward and listen with rapt attention and great anticipation, because we know a story is sure to follow. Jesus, the greatest teacher the world has ever known, consistently used stories as a method of instruction so that people would understand and remember the spiritual truths He was teaching. Like Jesus we too can use stories, His stories, to teach and learn life-lessons. Traditional 12-step programs have a positive tract record in guiding the recovery experience for thousands of people. These programs follow the principles and spiritual values found in the Bible, specifically: The Sermon on the Mount; The Book of James; and 1 Corinthians 13 (Dick B. 2005). Studying the steps, while examining their biblical principles, will guide in discovering why they have been effective and how they can be instructional on our recovery journey. Alcoholics Anonymous (AA) and Narcotics Anonymous (NA) include an abundance of personal recovery stories. Why? True-life experiences teach us, in a way no lecture or essay can, how to make changes in our lives that will positively impact our journey on the road to recovery. RNR incorporates the power of biblical stories with the principles and spiritual values of 12-step programs.

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