

Divorced. Catholic. Now What?

Lisa Duffy

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A must read for divorced men and women, especially if you are Catholic, and the perfect curriculum for parish groups. This book is an indispensable tool for healing, no matter how long you've been divorced and is completely Catholic. Originally a successful program directed in parishes, "Divorced. Catholic. Now What?" provides answers to the difficult questions that Catholics face because of divorce, practical tools to help move past the pain and loneliness, and hope for the future. Issues Covered: Praying During Times of Distress Anger with Our Spouses, Ourselves and God Why Did God Allow This to Happen? What Does the Church Really Teach about Divorce? What is an Annulment? Stay Close to the Sacraments Dealing with the Ex-Spouse How are the Children? The Healing Begins Our Own Self-Worth The Value of Suffering Letting Go Working on Forgiveness Gratitude Sex and Dating as a Divorced Catholic Mary, Our Mother Hope for the Future and Our Vocation in Life



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