

Taoism: The Enduring Tradition

Russell Kirkland

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This clear and reliable introduction to Taoism (also known as Daoism) brings a fresh dimension to a tradition that has found a natural place in Western society. Examining Taoist sacred texts together with current scholarship, it surveys Taoism's ancient roots, contemporary heritage and role in daily life. From Taoism's spiritual philosophy to its practical perspectives on life and death, self-cultivation, morality, society, leadership and gender, Russell Kirkland's essential guide reveals the real contexts behind concepts such as Feng Shui and Tai Chi.



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