



# What Keeps You Up at Night?: How to Find Peace While Chasing Your Dreams

*Pete Wilson*

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**“I just can’t ever seem to shut off my brain and rest.”**

It's easy to feel paralyzed by uncertainty. We want our questions answered, our decisions affirmed, and our plans applauded. But life doesn't come with an instruction manual and rarely follows a straight path. How would your life change if you learned to lean into uncertainty instead of waiting on the sidelines for just the right moment or opportunity?

The paradox of faith is that you can't activate it until you act on it. Trust compels us to move forward. If you don't, then you'll be left with a laundry list of unrealized expectations. You were meant to experience a life of abundance and blessing, not frustration and failure.

Clarity only comes when we look back. So if you wait until you have clarity, you'll never find it. Instead, you must move forward even when you feel scared to death. That is when you'll be able to turn the fears that keep you up at night into fuel for your journey.

If you want to experience a breakthrough in your life, then you must find a new cadence that will provide the strength you need to move forward in spite of your doubts, questions, and fears. The rhythm of faith is not hinged upon our circumstances but our willingness to surrender.

In his most insightful work since the debut bestseller, *Plan B*, Pete Wilson provides a plan for living that will lead you to a place of peace that you've only dreamed about and a life filled with meaning, significance, and satisfaction.

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