



Drawing with Hand, Head, and Heart: A Natural Approach to Learning the Art of Drawing

Van James

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"What if imagination and art are not frosting at all, but the fountainhead of human experience?" --**Rollo May** existential psychologist and author of *Love and Will* Drawing requires effort and will through our hands, sensitivity and passion from our heart, and the thoughtful direction and reflection of our head. *Drawing with Hand, Head, and Heart* is a practical, hands-on guide to the art of drawing and to the process of visual thinking as a part of our full, rich human intelligence. Collected and developed over many years of classroom experience, the exercises show teachers, parents, and students of all ages how to learn to draw simply and naturally, as a child would learn to draw. Many of the ideas in this book have grown out of the educational methodology of Waldorf education, resulting in a complete drawing curriculum that is in harmony with the stages of learning the child and young adult naturally go through.

In the introduction, Van James--author of *Spirit and Art: Pictures of the Transformation of Consciousness*--examines contemporary research on brain development and its relationship to learning: How does the process of making pictures contribute to the development of visual thinking? James offers an overview of how young children learn to draw and how to engage their visual intelligence through practical drawing exercises. He then offers examples of form drawing, portraiture, and the art and science of drawing for all ages and ability levels. The author also provides practical examples of geometric and perspective drawing for teachers and adult students. Finally, he summarizes the importance of art and drawing in education and human development, and adds an appendix on therapeutic drawing, a bibliography of resources, and an index.

Includes 576 color and black and white illustrations.

Drawing with Hand, Head, and Heart is an invaluable resource for teachers, parents, and visual artists.

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