



Zentangle Basics, Expanded Workbook Edition

Suzanne McNeill

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New! Expanded edition includes 16 new workbook pages for practice and enjoyment.

Zentangle turns drawings into artistic design while reducing stress and improving focus. This relaxing process can be done anywhere and no ‘artistic’ talent is needed. Embellish journals, scrapbooks, art, paintings and cards. There is really no limit to creativity.

The Zentangle Basics book helps students and educators get started. It features step-by-step illustrations for 25 tangles. Also included are tips on how to relate Zentangle to learn spelling, math, social studies, geometry and art.

Traditional Zentangle includes a ritual to help get in touch with life. Tangles are used as learning skills for school children, as stress reduction for adults and they help develop dexterity. In addition, Zentangles can be fabulous works of art that resemble etchings.

“Anything is possible, one stroke at a time.”™

— Rick Roberts and Maria Thomas, zentangle.com

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