



# **Journey Across the Life Span: Human Development and Health Promotion**

*Elaine U. Polan RNBC MS PhD, Daphne R. Taylor RN MS*

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Here's just what you need to effectively care for your patients in the ever-changing world of health care. Elaine Polan and Daphne Taylor guide you through the life cycle—from conception to old age—with an emphasis on health promotion, maintenance, and restoration in clinical practice.

Easy-to-understand chapters and a full-color presentation offer a complete review of growth and development across the life span.

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