



Character Formation and Identity in Adolescence: Clinical and Developmental Issues

Randolph L. Lucente

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Randolph Lucente examines the development of character in the adolescent stage, the process of a second separation-individuation, and ways to treat the adolescent client. *Character Formation and Identity in Adolescence* draws on psychodynamic and psychoanalytic theory as well as neuropsychobiology to explain the adolescent transition to an adult sense of self. The clinical material features in-depth case vignettes that include clients on the borderline/narcissistic spectrum with arrests in separation-individuation substages and insecure early attachments. Therapeutic attunements that are affect-regulating, mentalizing, and mindsight-oriented are featured in each of these clinical vignettes and suggest outcomes that potentiate vertical as well as bilateral cerebral hemispheric integrations. The book contains a synthesis of the theories of psychoanalysis, psychodynamics, self psychology, neurobiology, and the concepts of intersubjectivity, attachment-differentiation, narcissism, and affect regulation.

Features: Case vignettes derived from clinical experience; A closing discussion on the role of the clinician in research and data collection

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