

# Parenting the Highly Sensitive Child: A Guide for Parents & Caregivers of ADHD, Indigo and Highly Sensitive Children

Julie B. Rosenshein

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Ms. Rosenshein provides a hands-on approach for helping you and your highly sensitive child. In Parenting the Highly Sensitive Child you will find solutions that work and are easy to apply to home life, school life and your child's emotional world. You will also learn: What a highly sensitive child is and how it ties into ADHD The 4 types of sensitive children Tips & Tools for helping your sensitive child make it in a less than sensitive world



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