



What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others

Sheila N. Glazov

Download now

[Click here](#) if your download doesn't start automatically

What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others

Sheila N. Glazov

What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others

Sheila N. Glazov

Why do you zig while others zag? What makes you seem unique or peculiar to some people, yet similar or comforting to others?


The differences are in our personalities and how they shade our perception and affect the way we work, live, and interact. Discovering and understanding our own strengths and idiosyncrasies while adapting to others can be an overwhelming task.

In response to this common frustration, *What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others* explains the similarities and differences that impact our thoughts and actions. Rather than offer an excuse for people's behavior, this book helps to explain why our perspectives differ from or relate to the viewpoints of others. Enjoyable, insightful, and easy-to-read, *What Color Is Your Brain?* is a guide to exploring who we are, why others see us the way they do, and how the four "brain colors" or personality types play a role in our everyday lives.

Sheila Glazov has created colorful personality profiles that simplify the complex nature of our traits and talents. With its entertaining anecdotes, innovative perspectives, and resonating concepts, *What Color Is Your Brain?* is a fun and fascinating book that promotes both self-awareness and acceptance of others.

Written for readers of all ages, genders, and backgrounds, this book is intended to facilitate effective communication and cooperation while minimizing frustration in numerous aspects of our everyday lives—at work and home, in dating and marital relationships, with team projects, among family members and friends, and within a mixture of other interpersonal connections.

What Color Is Your Brain? offers the essential pieces of the puzzle that is human interaction, teaching us how to recognize and appreciate a spectrum of personality types. With the help of this dynamic book, discovering your own brain color and learning to adapt to others is bound to be a no-brainer.

 [Download What Color Is Your Brain? A Fun and Fascinating Ap ...pdf](#)

 [Read Online What Color Is Your Brain? A Fun and Fascinating ...pdf](#)

Download and Read Free Online What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others Sheila N. Glazov

From reader reviews:

Nancy Adams:

Do you have favorite book? If you have, what is your favorite's book? E-book is very important thing for us to learn everything in the world. Each guide has different aim as well as goal; it means that e-book has different type. Some people experience enjoy to spend their time and energy to read a book. They are reading whatever they consider because their hobby is actually reading a book. Why not the person who don't like reading through a book? Sometime, individual feel need book when they found difficult problem or even exercise. Well, probably you will require this What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others.

Lisa Gonzales:

What do you think about book? It is just for students since they're still students or the idea for all people in the world, exactly what the best subject for that? Just simply you can be answered for that query above. Every person has several personality and hobby per other. Don't to be forced someone or something that they don't desire do that. You must know how great as well as important the book What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others. All type of book could you see on many resources. You can look for the internet options or other social media.

Kristopher Lewis:

Nowadays reading books be than want or need but also turn into a life style. This reading behavior give you lot of advantages. Advantages you got of course the knowledge the rest of the information inside the book that improve your knowledge and information. The info you get based on what kind of publication you read, if you want have more knowledge just go with knowledge books but if you want experience happy read one having theme for entertaining such as comic or novel. The What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others is kind of guide which is giving the reader erratic experience.

Toni Sargent:

The particular book What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others will bring that you the new experience of reading the book. The author style to explain the idea is very unique. In case you try to find new book to learn, this book very suited to you. The book What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others is much recommended to you to see. You can also get the e-book in the official web site, so you can more easily to read the book.

Download and Read Online What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others Sheila N. Glazov #JOU15ZHLNTY

Read What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others by Sheila N. Glazov for online ebook

What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others by Sheila N. Glazov Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others by Sheila N. Glazov books to read online.

Online What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others by Sheila N. Glazov ebook PDF download

What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others by Sheila N. Glazov Doc

What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others by Sheila N. Glazov Mobipocket

What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others by Sheila N. Glazov EPub