



Using Drawings in Assessment and Therapy: A Guide for Mental Health Professionals

Gerald D. Oster, Patricia Gould Crone

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This highly practical book provides useful drawing directives to clinicians involved in the assessment and treatment of individuals, families, and groups in both inpatient and outpatient settings. The authors present many case histories to show how the various aspects of drawing techniques can be integrated and applied in clinical practice. "Using Drawings in Assessment and Therapy" is vividly illustrated with over 90 drawings, which are used to describe how the therapeutic interaction can be enhanced by adding this method to the clinician's repertoire.

This second edition condenses and synthesizes a variety of drawing directives that aid clinicians in the assessment process and in therapy. It also features updated literature reviews, with new case studies and accompanying art work. All therapists who are involved or interested in art therapy will gain a wealth of information, insight, and practical tips from this thorough volume.

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