



Anna Halprin: Dance - Process - Form

Ursula Schorn, Ronit Land, Gabriele Wittmann

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Anna Halprin is a world-famous theatre artist and early pioneer in the expressive arts healing movement. This book explores her personal growth as a dancer and choreographer and the development of her therapeutic and pedagogical approach.

The authors, who each trained with Halprin, introduce her creative work and the 'Life/Art Process®' she developed, an approach that takes life experiences as a source for artistic expression. They also examine the wider impact of Halprin's work on the fields of art, education, therapy and political action and discuss how she crossed the conventionally defined boundaries between them.

Exploring Halprin's belief that dance can be a powerful force for transformation, healing, education, and making our lives whole, this book is a tribute to an exceptional body of artistic and therapeutic work and will be of interest to expressive arts therapists, dance movement psychotherapists, dancers, performance and community artists, and anyone with an interest in contemporary dance.

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