



Made to Crave Devotional: 60 Days to Craving God, Not Food

Lysa TerKeurst

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Last year, author Lysa TerKeurst released the book *Made to Crave*, providing the Biblical answer to why people diet, regain the weight they lose, and continue to find themselves stuck in this vicious cycle. *Made to Crave* helped thousands of people finally achieve victory in their weight loss journey. But, according to TerKeurst, “We need more than 19 chapters to stay motivated and on track. That’s why I wrote this daily devotional with 60 inspirational entries. There is plenty of new material not in the original book. Rest assured, I also included your favorite nuggets of wisdom from *Made to Crave*.” Just like the *Made to Crave* book, this *Made to Crave Devotional* is not a how-to get healthy book. It is the road to finding the lasting ‘want to’ that extends far beyond the surface issues of weighing less and wanting to wear a smaller clothes size. Says TerKeurst: “There’s a spiritual battle going on. It’s real. And it’s amazing how perfectly the Bible gives us specific ways to find victory with our food struggles. “Even for girls who don’t crave carrots.”

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Robin Millard:

This Made to Crave Devotional: 60 Days to Craving God, Not Food is great guide for you because the content that is full of information for you who also always deal with world and possess to make decision every minute. That book reveal it info accurately using great manage word or we can say no rambling sentences inside. So if you are read this hurriedly you can have whole information in it. Doesn't mean it only provides you with straight forward sentences but difficult core information with lovely delivering sentences. Having Made to Crave Devotional: 60 Days to Craving God, Not Food in your hand like keeping the world in your arm, info in it is not ridiculous just one. We can say that no e-book that offer you world in ten or fifteen tiny right but this e-book already do that. So , this is good reading book. Hi Mr. and Mrs. occupied do you still doubt which?

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