



# Enemies of the Heart: Breaking Free from the Four Emotions That Control You

*Andy Stanley*

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# Enemies of the Heart: Breaking Free from the Four Emotions That Control You

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**Enemies of the Heart: Breaking Free from the Four Emotions That Control You** Andy Stanley

Break free from the destructive power of guilt, anger, greed, and jealousy.

Divorce. Job loss. Estrangement from family members. Broken friendships.

The difficult circumstances you are dealing with today are likely being fed by one of four emotional forces that compels you to act in undesirable ways, sometimes even against your will.

Andy Stanley explores each of these destructive forces—guilt, anger, greed, and jealousy—and how they infiltrate your life and damage your relationships. He says that, left unchallenged they have the power to destroy your home, your career, and your friendships.

In *Enemies of the Heart*, Andy offers practical, biblical direction to help you fight back, to take charge of those feelings that mysteriously control you, and to restore your broken relationships.

**Includes a six-week discussion guide—a valuable resource for small groups!**

Previously released as *It Came from Within*

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